[](https://ord.yahoo.co.jp/o/image/RV=1/RE=1588405966/RH=b3JkLnlhaG9vLmNvLmpw/RB=/RU=aHR0cHM6Ly93d3cucGludGVyZXN0LmpwL3Bpbi82MjcwNTU5NDgwODY4MTg3MjQv/RS=%5eADBEsISnYdbKVEF3kVUxElLMlpIX.c-;_ylt=A2RivbZN1atetwEAcjeU3uV7)かみっこチャレンジ♪

のスケジュール

のめあて おきる時こく 朝　　　ねる時こく 夜

のめあて

[](https://ord.yahoo.co.jp/o/image/RV=1/RE=1588406813/RH=b3JkLnlhaG9vLmNvLmpw/RB=/RU=aHR0cDovL2tpZHMud2FucHVnLmNvbS9pbGx1c3Q1Ni5odG1s/RS=%5eADBUSrOpogYRmSqjgxA93KgCBrMo20-;_ylt=A2RinFSd2KteYk8A2yeU3uV7)[](https://ord.yahoo.co.jp/o/image/RV=1/RE=1588406653/RH=b3JkLnlhaG9vLmNvLmpw/RB=/RU=aHR0cDovL2tpZHMud2FucHVnLmNvbS9pbGx1c3QxMzguaHRtbA--/RS=%5eADBNxnF58wvTv_y4YIEabWJG6toaB4-;_ylt=A2RimU_816terloAkxeU3uV7)

どおり ◎：よくできた　○：できた　△：もうちょっと

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| 時　間 | やってみたいこと（計画） | 5/11 | 5/12 | 5/13 | 5/14 | 5/15 |
| ９：００ |  |  |  |  |  |  |
| ９：３０ |  |  |  |  |  |  |
| １０：００ |  |  |  |  |  |  |
| １０：３０ |  |  |  |  |  |  |
| １１：００ |  |  |  |  |  |  |
| １１：３０ |  |  |  |  |  |  |
| １２：００ |  |  |  |  |  |  |
| １２：３０ |  |  |  |  |  |  |
| １：００ |  |  |  |  |  |  |
| １：３０ |  |  |  |  |  |  |
| ２：００ |  |  |  |  |  |  |
| ２：３０ |  |  |  |  |  |  |
| ３：００ |  |  |  |  |  |  |
| ３：３０ |  |  |  |  |  |  |
| ４：００ |  |  |  |  |  |  |

[](https://ord.yahoo.co.jp/o/image/RV=1/RE=1588406162/RH=b3JkLnlhaG9vLmNvLmpw/RB=/RU=aHR0cDovL2tpZHMud2FucHVnLmNvbS9pbGx1c3Q5MS5odG1s/RS=%5eADBkVPlKnTsmm1lR7nCgLLdhjkbx0c-;_ylt=A2RinFIR1qteGV8AqRmU3uV7)

、がんばったことをいてみよう！！